

# URBAN ZEN INTEGRATIVE THERAPY

## ONLINE CLASS SCHEDULE

JUNE 2020						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> URBAN ZEN with Jennifer G. 12:00PM	<b>2</b> URBAN ZEN with Janine H. 4:00 PM	<b>3</b> URBAN ZEN with Janine H. 12:00 PM	<b>4</b> URBAN ZEN with Jennifer G. 4:00 PM	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> URBAN ZEN with Jennifer G. 12:00PM	<b>9</b> URBAN ZEN with Janine H. 4:00 PM	<b>10</b> URBAN ZEN with Janine H. 12:00 PM	<b>11</b> URBAN ZEN with Jennifer G. 4:00 PM	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> URBAN ZEN with Jennifer G. 12:00PM	<b>16</b> URBAN ZEN with Janine H. 4:00 PM	<b>17</b> URBAN ZEN with Janine H. 12:00 PM	<b>18</b> URBAN ZEN with Jennifer G. 4:00 PM	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> URBAN ZEN with Jennifer G. 12:00PM	<b>23</b> URBAN ZEN with Janine H. 4:00 PM	<b>24</b> URBAN ZEN with Janine H. 12:00 PM	<b>25</b> URBAN ZEN with Jennifer G. 4:00 PM	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> URBAN ZEN with Jennifer G. 12:00 PM	<b>30</b> URBAN ZEN with Janine H. 4:00 PM				



**NOTE:** For the most up-to-date Urban Zen class information and Zoom link to access class, visit the CCS Wellness Website: <https://www.ccssoh.us/Page/7061>